

Free!

# GREEN COMPANION

2014 EDITION

## ISLE OF BUTE

**NEW**

RECYCLE

REUSE

FOOD

MONEY

GARDENING

HOME & WORK

FUEL

TRANSPORT

BUY LOCAL

GET INVOLVED

RESOURCES

**Bute's essential Green Directory**

# Welcome

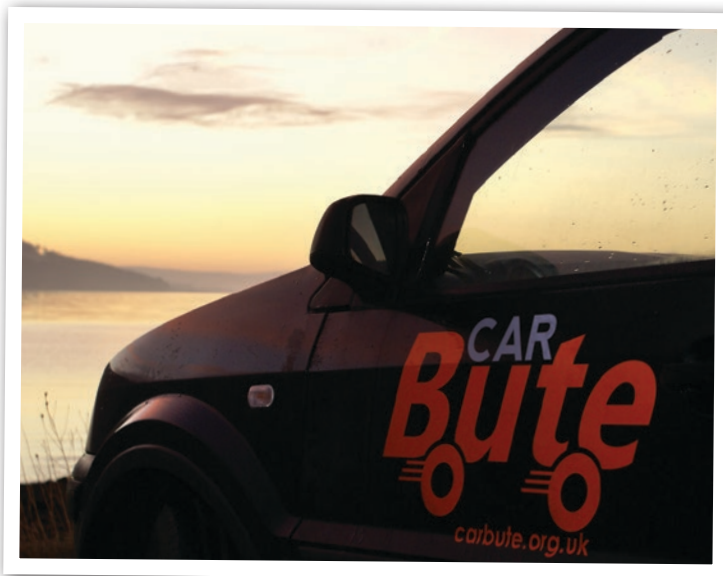
**Fyne Futures** welcome you to the new edition of the Green Companion to Bute, a directory of local green organisations and businesses...

**T**hank you for reading Bute's first Green Companion. This directory is brought to you by Fyne Futures, whose purpose is to Inspire, Educate and Empower people to take Action to achieve Sustainable rural living.

Do you recycle? This is really easy and something that you can do straight away. By recycling more we can reduce the amount of waste going into landfill which in turn saves resources and generates green energy from waste. More details of how easy it is and what we collect are in the Recycle section.

What about re-using old furniture and giving it a new life? Again, more details of how you can help are in the Reuse section.

Do you eat locally grown produce? We at Fyne Futures have Bute Produce, where all our seasonal fruit and vegetables are home grown. These can be purchased ad hoc or on a weekly basis through one of our box schemes. Or maybe you are one of the increasing number of residents who have an allotment or grow your own at home. This is wonderful and not only is it healthier for you by knowing what you are eating, it is also good exercise for you and getting you out in the fresh air. For more information in regard to local produce go to the food section.



Have you thought about reducing your carbon footprint by changing how you travel? With a recent survey showing that 70% of car journeys on Bute are less than 2 km in length, there are huge potential benefits in walking and cycling. And when you really do need a car - Car Bute! Car Bute is the community car club on the island. The full principle behind the car club is to lower emissions and save individuals money at the same time. The car club also promotes active travel and looking at you lifestyle as a whole, encouraging you to walk, cycle and use public transport more. For more information on the Car

Club go to the Transport section.

Becoming more energy efficient isn't just about turning out lights, we use all types of fuel in our homes and cars. Through our Towards Zero Carbon Bute Project you can find out more about the many ways to reduce your carbon footprint by being energy aware.

Finally, we are always looking at ways of reducing our costs when it comes to heating our homes and making them much more economically efficient. In the Home section you will find some wonderful savings tips and details of how you can arrange for a visit by our energy advisor.

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2014 is Fyne Futures' 10th anniversary and we couldn't have got here without you. This directory will help you access local support, goods and services to reduce your personal carbon footprint. If you would like to know more please contact:



**Fyne Futures**  
 ☎ 01700 503181  
 81 Victoria Street, Rothesay  
 Isle of Bute PA20 0AP  
 info@fynefutures.org.uk

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# Recycle

Get wise about waste and you can cut down on Bute's rubbish.



## Have you wondered whose back door all your rubbish is getting left at?

We're working towards Zero Waste, diverting as much as possible from off island landfill. Brandanes are among the best recyclers in Scotland; but we still have a way to go to achieve 90% participation rates. Around 4,500 tonnes of waste leave our shores, with your help we could divert over 45% of that waste by recycling by 2018 and 70% by 2025.

The best way to reduce waste is by not creating it – think about ways you can reduce it. At present on the Island it is possible to recycle all your paper, cardboard, plastic, tin and textiles. All these items are collected every two weeks by Fyne Futures in your area, see below for details of our bring sites. It has never been easier to recycle. We will even give you a free calendar to remind you of your pick up days. For more information or to order free recycling bags or bins simply contact us at: [enquiries@fynefutures.org.uk](mailto:enquiries@fynefutures.org.uk) or give us a call on **01700 503181**, we are awaiting your call!

### Reduce – rubbish is resource.

"The best... you need." Buy items with less packaging. Get arty with trash.

Here are our figures from last year of what we saved in tonnage:

Aluminium cans	<b>7,907</b>
Steel cans	<b>15,655</b>
Plastic	<b>45,560</b>
Paper	<b>225,873</b>
Textiles	<b>31,232</b>
Furniture	<b>23,595</b>
Books	<b>5,807</b>
Waste Oil	<b>13,955</b>
Copper & Scrap	<b>6,225</b>

**Tonnage (kgs) 375,809**

Impressive eh! You have all done so well, and now you know more about recycling and what we can all do, the figures should be higher next year and we should be diverting even more from landfill.

Here is a list of our bring sites and what you can drop at each one.

#### West Church Car Park:

2 Plastics Bins  
1 Textile Bin

#### Port Bannatyne:

2 Plastics Bins  
3 Can Bins  
2 Paper Bins

#### King George Park

2 Plastics Bins  
1 Can Bin  
1 Textile Bin

#### Galatea Bring Site

2 Plastics Bins  
2 Can Bins

#### Kilchattan Bay

1 Plastic Bin  
2 Can Bins  
6 Paper Bins  
1 Textile Bin

We have other smaller bring sites dotted around the town but these are specifically for the residents of that particular area and not open to the public.

#### Greenlight Environmental Ltd

☎ **01389 721012**  
Unit 1-4 Block 4, Lomond Ind Est,  
Alexandria G83 0TL  
Greenlight - for recycling glass.

### Best Practise Tips

- ✳ Wash and squash plastic bottles (this creates more space in bins and lorries).
- ✳ Wash out cans, there's no need to squash them.
- ✳ Flat pack all cardboard.
- ✳ Make sure textiles are tied tight in waterproof bags (binliners etc).
- ✳ No plastic packaging (butter tubs, yogurt pots, plastic food containers, carrier bags and plastic wrap).

# Reuse

Many products can be given a new lease of life with a little creativity and imagination.



When you are looking to change your old furniture, ornaments or white goods and there is nothing wrong with them, then our re-use centre is the place to take them. We accept and will collect items that are in reasonable condition. In some cases these are sold as they are, in other cases we revamp them and sell them at a later date. This means that the item has a much longer shelf life and can be looked after and loved in a new home.

On the reverse of this, if you are looking for items, rather than simply going out to buy them new, why not pop in to see us first and see if there is anything that will suit your needs.

More information is available on our facebook page or email us at [enquiries@fynefutures.org.uk](mailto:enquiries@fynefutures.org.uk) or give us a call on **01700 503181**.

Charity shops also play a big part in recycling goods, by donating your items to a local charity shop you are not only supporting the charity itself and helping a really good cause, but you are diverting



waste from landfill at the same time. On Bute we have a great selection and choice of Charity shops. See full listings below.

### Charity Shops

#### Cancer Research

☎ **01700 504897**  
101 Montague St, Rothesay  
Isle of Bute PA20 0HW

#### Calums Cabin Charity Shop

☎ **07544979538**  
Tower Street, Rothesay, Isle of Bute

#### Oxfam

☎ **01700 502135**  
21 Montague St, Rothesay  
Isle of Bute PA20 9DA

#### Action Research

Argyle Street, Rothesay, Isle of Bute

#### Brianne Roberts Trust

East Princes Street, Rothesay, Isle of Bute

#### For Bute

Victoria Street, Rothesay, Isle of Bute

### Reuse Centres

#### Man and A Van (Lingard's Furniture)

☎ **07447128545**  
Argyle Street, Rothesay, Isle of Bute

#### Iain McMillan

☎ **07931440296**  
Ardbeg Farm, Isle of Bute

#### Grandma's Attic

☎ **07788733215**  
East Princes Street, Rothesay  
Isle of Bute

#### The Victorian Jewellery Shop

East Princes Street, Rothesay  
Isle of Bute

#### Re-Style Shop

☎ **01700 503181**  
Deanhood Place, Rothesay, Isle of Bute

# Food

Discover a mouthwatering array of fresh food in and around Bute.



**D**iscover a wonderful array of food on your own doorstep! The Island has so much to offer when it comes to food and food suppliers. Seasonal local fare makes sense, tastes fantastic, is better for you and saves energy. The best way to avoid food waste is to plan meals, eat locally produced seasonal food and use only what you need.

## Bute Produce

☎ 01700 503181  
info@fyneutures.org.uk  
Townhead, Rothesay, Isle of Bute

## Scheese

☎ 01700 505357  
foods@buteisland.com

## Just Seaweed

☎ 07761 022131  
justseaweed@gmail.com  
25 Roslin Crescent, Isle of Bute PA20 9AG

## Henshelwoods

☎ 01700 500014  
info@henshelwoodsfinefoods.co.uk  
Bute Business Park, Barone Road  
Isle of Bute PA20 ODY

## Baking Barn

☎ 01700 502772 / 07557902123  
bakingbarn@mail.com  
Auchentirrie Farm, Rothesay  
Isle of Bute PA20 OQE

## Cupcake Heaven

☎ 07766240330 / 01700 501803  
mccabeliz17@googlemail.com  
4 Roslin Crescent, PA20 9HT

## Ritchie's

☎ 01700 505414  
shop@ritchiesofrothesay.com  
111 Montague Street, Rothesay  
Isle of Bute PA20 OHW

## John S Slaven

☎ 01700 503 723  
62 Montague Street, Rothesay  
Isle of Bute PA20 OBT

## McQueen Butcher

☎ 01700 502067  
info@scottish-island-quality-meats.com  
1-3 Bishop Street, Rothesay  
Isle of Bute PA20 OLF

## McIntyre Butcher

☎ 01700 502589  
5 Gallowgate, Rothesay  
Isle of Bute PA20 OHR

## Electric Bakery

☎ 01700 503471  
79 Montague St Rothesay  
Isle of Bute PA20 OHW

## Edinbeg Meat

☎ 01700 502308  
Edinbeg Farm, North Bute  
Isle of Bute PA20 OQW

## Drumachloy Veal

☎ 01700 503312  
Drumachloy Farm, North Bute  
Isle of Bute PA20 OQZ

## Inchmarnock Highland Cattle

☎ 0131 452 2265  
info@inchmarnock.com  
The Port House, Straad, Isle of Bute PA20 OQF

## Jessmay

☎ 01700 504365

6 Bishop Street, Rothesay  
Isle of Bute PA20 9DG

## Too Nice to Slice

☎ 01700 503885  
16 Eden Drive, Rothesay, Isle of Bute

## Mountstuart Gardens

☎ 01700 503877  
contactus@mountstuart.com  
Mount Stuart, Isle of Bute PA20 9LR

## Ardbeg Mini-Market

☎ 01700 500526  
76 Ardbeg Rd, Rothesay  
Isle of Bute PA20 ONN

## Ardbeg Post Office

☎ 08457223344 / 01700 502504  
Wyndham Road, Rothesay  
Isle of Bute PA20 ONR

## Port Bannatyne Post Office

☎ 01700 502911  
46 Marine Rd, Port Bannatyne  
Isle of Bute PA20 OLW

## Kilchattan Bay Post Office

☎ 01700 831628  
Kilchattan Bay PA20 9NG

## Spar

☎ 01700 504962  
90 Montague Street, Isle of Bute PA20 OHJ

## Co-op

☎ 01700 502415  
Bridge St, Rothesay, Isle of Bute PA0 OHH  
☎ 01700 502907  
12 East Princes Street, Rothesay PA20 9DL

# Money

Make your money last longer and work for the planet at the same time...



**At** this time, our wallets and purses seem to be getting stretched further and further. As the cost of living increases we are sometimes left struggling to keep up and make ends meet. Have you ever considered Bute Credit Union? As a credit union member you are in control of your own finances and have a say in how your financial service is run. They look after your money in a way that is ethical as well as efficient. Alternatively there are also four local banks on the island.

## Bute Credit Union

☎ 01700 502 000  
5 King Street, Rothesay  
Isle of Bute, PA20 ODD  
Email: secretarybucl@hotmail.co.uk

## Royal Bank of Scotland

☎ 01700 502539  
37 Victoria Street, Rothesay  
Isle of Bute PA20 OAN

## Bank of Scotland

☎ 01700 503253  
36-42 Montague Street, Rothesay  
Isle of Bute PA20 OBT

## Clydesdale Bank

☎ 0844 736 2616  
17 High Street, Rothesay  
Isle of Bute PA20 9AS

## TSB

☎ 0845 300 0000  
41-43 Montague Street, Rothesay  
Isle of Bute PA20 OBU

## Scottish Building Society

☎ 01700 503055  
53 Victoria Street, Rothesay  
Isle of Bute PA20 OAP

## Post Offices

### Rothesay Post Office

☎ 0845 722 3344  
1-1A Watergate  
Isle of Bute PA20 9AB

### Ardbeg Post Office

☎ 08457 223344  
Wyndham Road, Rothesay  
Isle of Bute PA20 ONR

### Port Bannatyne Post Office

☎ 01700 503914  
46 Marine Road, Port Bannatyne  
Rothesay PA20 0LW

### Kilchattan Post Office

☎ 01700 831628  
Kilchattan Bay Post Office  
Isle Of Bute PA20 9NG

## Financial Advice

### Bute Advice Centre

☎ 01700 502784  
13 Argyle St, Rothesay  
Isle of Bute PA20 OAT

## One to One

☎ 01700 500121  
10 Galowgate, Rothesay  
Isle of Bute PA20 OHR

## Charles Soane

☎ 01700 502256  
Ardmore, 15 Crichton Road, Rothesay  
Isle of Bute PA20 9JR

## Wylie & Bisset

☎ 01700 500573  
53 Victoria St, Rothesay  
Isle of Bute PA20 OAP

## Ross and Co

☎ 01700 503113  
20 Tower St, Rothesay  
Isle of Bute PA20 OBZ

# Top Tips



Make a list when shopping! Stick with it and you can eat well and save enough for a holiday without thinking about it. Supermarkets have spent millions on tricks to make you put stuff you don't want into trolleys, keep in the fridge for a week and then throw away. We each chuck out nearly £500 of food each a year. Dig out the cookery books, plan a few meals and only buy what you need.  
**Example of savings:**  
£20 a week = £1,040 per year!



# Gardening

For the ultimate in delicious, fresh Bute produce, grow your own!



## Home Grown Fruit and Vegetables taste so much better and are a lot healthier for you!

How do you like the idea of home grown produce? At Bute Produce at Townhead, Fyne Futures grow their own fruit and vegetables for sale. Bute Produce is also a training centre for Horticulture and encourages unemployed individuals to come back to work and learn new skills.

There are allotments throughout the island as well, which are increasing year on year. More and more people are growing their own food, meaning

they can have a low cost healthy supply of fruit and vegetables when they wish. It is also very good for your wellbeing, since you are exercising and out in the fresh air at the same time.

Kilchattan Bay have their own community Orchard, which is well worth visiting and they will welcome input from any interested parties.

Composting is another thing that should be encouraged and we should all do this wherever possible. Composting is one of the most environmentally beneficial activities and provides you with your own source of

wonderfully environmentally friendly fertiliser. Up to 25% of all waste can be composted, including most garden and kitchen waste.

What about planting your own edible borders? Whatever space you have – even if you only have a window box; you could cultivate your crop of hearty veg and zingy herbs. By growing your own you can reduce your carbon emissions, save money and learn more about the food you eat.

**Bute Produce**  
☎ 01700 503181



### Get Involved

**Fyne Futures**  
☎ 01700 503181  
enquires@fynefutures.org.uk

**Rothesay Horticultural Society**  
Chairperson, For Bute, Victoria Street,  
Rothesay, Isle of Bute

**Allotment Society**  
Marleen Hill For Bute, Victoria Street,  
Rothesay, Isle of Bute

**Grow Bute Garden Association**  
www.facebook.com/GrowBute

### For Inspiration

**Mount Stuart Gardens**  
☎ 01700 503877  
contactus@mountstuart.com  
Mount Stuart, Isle of Bute PA20 9LR

**Ardencraig Gardens**  
☎ 01700 504644  
6 Ardencraig Ln, Rothesay  
Isle of Bute PA20 9EZ

**Fernery**  
☎ 01700 504555  
office@ascoghallfernery.co.uk  
Ascog Hall, Isle of Bute PA20 9EU

### DIY Supplies

**Mill Cottage Garden Centre**  
☎ 01700 505724

37 Mill Street, Rothesay, PA20 0EX

**Bute Pet Supplies**  
☎ 01700 502078  
23 Montague St, Isle of Bute PA20 9DA

**Jessmay**  
☎ 01700 504365  
6 Bishop St, Rothesay, Isle of Bute PA20 9DG

**Mount Stuart**  
☎ 01700503877  
contactus@mountstuart.com  
Gardens Mount Stuart  
Isle of Bute PA20 9LR

**Bute Tools**  
☎ 01700 503857  
45-55 Montague St, Town Centre  
Isle of Bute PA20 0BU

**Ambrisbeg**  
☎ 01700 502719  
Ambrisbeg Ltd in Isle of Bute PA20 9PE

**Cowal Building and Plumbing Supplies**  
☎ 01700 503628  
10 Union Street, Rothesay PA20 0HD

### Get Someone Else To Do It

**Martin Catlin**  
☎ 01700504742 / 07818885111  
Mountstuart Road, Rothesay, PA20 9LD

**Gary Ballantyne**  
☎ 01700 831256

1 Bayview Pl, Kilchattan Bay, PA20 9NJ

**Mow and Grow**  
☎ 01700 503885  
16 Eden Dv, Rothesay  
Isle of Bute PA20 9HX

**Robert Mitchell**  
☎ 01700 502749 / 07775 552623  
Rothesay, Isle of Bute

## Wildlife Gardening Top Tips

- \* Grow a mixture of native and non-native plants to provide nectar and pollen for bees and other insects.
- \* Choose plants that flower at different times of year to ensure that pollen and nectar are available over a long period.
- \* Select trees and shrubs with berries for birds and other animals.
- \* Why not create a water feature in your garden. A pond, without fish, will enable amphibians and dragonflies to breed.
- \* Delay cutting back perennials until the spring. The seed heads that remain provide valuable food for birds and other animals through winter.

# Home & Work

Save money and the environment by giving you home or office a green makeover.



**Why not save some money and help the environment at the same time by giving your home or workplace an energy audit.** Having an energy audit and learning how small changes can save you and the environment is the right way to go. Making sure your doors are draught proof, your windows are well insulated and turning down your heating slightly all help to save energy. For more details on a home energy audit, contact [enquiries@tzc.org.uk](mailto:enquiries@tzc.org.uk) or call on **01700 504636**.

There are many ways to make your workplace greener: avoid internal flights for meetings by using video-call technology; minimise car use by cycling, taking the train or lift-sharing; switch all equipment and lights off whenever possible; hold "green" events to promote awareness; avoid over-heating or cooling your workplace; source local produce for catering and events; implement sustainable procurement policies and above all, communicate all the good work to your staff and customers.

## Energy Efficient Supplies

### Bute Tools

☎ **01700 503857**  
45 Montague Street, Rothesay  
Isle of Bute PA20

### Cowal Building and Plumbing Supplies

☎ **01700 503628**  
10 Union Street, Rothesay, Isle of Bute PA20

### Zavaroni's DIY

☎ **01700 50?**  
Gallowgate, Isle of Bute PA20

### Ambrisbeg Quarry

☎ **01700 502719/831215**  
Isle of Bute

### Bute Estate Ltd

☎ **01700 831221**  
Mountstuart, PA20

### D C Murray

☎ **01700 503666**  
Argyle Street, Rothesay  
Isle of Bute PA20

## Architects

### Marshall Associates

☎ **01700 504465**  
Argyle Street, Rothesay, Isle of Bute PA20

## Blacksmiths

### Bute Blacksmiths

☎ **01700 504235**  
High Street, Rothesay, Isle of Bute PA20

## Building Contractors

**George Hanson**  
☎ **01700 505005**

Union Street, Rothesay, Isle of Bute PA20

### J H Montgomery

☎ **01700 504113**  
Ardbeg Road, Rothesay, Isle of Bute PA20

### A Hunter

☎ **01700 504417 / 07732548351**  
Craigmore Road, Rothesay  
Isle of Bute PA20

### D McCready

☎ **01700 502209**  
Ardmory Road, Rothesay, Isle of Bute PA20  
Building Maintenance/Repairs:

### Finlay Martin

☎ **01700 831658**  
Kilchattan Bay, Isle of Bute PA20

### David McDonald

☎ **07774545129**  
Ardbeg Road, Rothesay, Isle of Bute PA20

### A Poole

☎ **01700 504397/504871**  
High Street, Rothesay, Isle of Bute PA20

## Tiling

### Stuart Robertson

☎ **07818672278**  
Westlands Road, Rothesay  
Isle of Bute PA20

## Electricians

**Buckeridge Installations**

☎ **01700 502479**  
East Princes Street, Rothesay  
Isle of Bute PA20

### Cameron Electrical Services

☎ **01700 505014/503768**  
Wyndham Road, Rothesay  
Isle of Bute PA20

### Ian McKay

☎ **01700 502070 / 07748985164**  
Craigmore Road, Rothesay, Isle of Bute

## Glaziers

### G W Gillies

☎ **01700 504573**  
Colbeck Lane, Isle of Bute PA20

### George Hanson

☎ **01700 505005**  
Union Street, Rothesay, Isle of Bute PA20

### Gerry McGuigan

☎ **01700 504736**  
Watergate, Isle of Bute PA20

### Donald McKellar

☎ **01700 502631/504386/502751**  
High Street, Rothesay, Isle of Bute PA20

### J H Montgomery

☎ **01700 504113**  
Ardbeg Road, Rothesay, Isle of Bute PA20

### Ronald Robertson

☎ **01700 500403**  
Ballinlay, Isle of Bute PA20

### Donald McAlister

☎ **07786077938**  
Ardbeg Road, Rothesay, Isle of Bute PA20

## Joiners

### J Craig

☎ **01700 502160**  
Ardencraig Lane, Isle of Bute PA20

### George Gillies

☎ **01700 504573**  
Colbeck Lane, Isle of Bute PA20

**George Hanson Building**

### Contractors

☎ **01700 505005**  
Union Street, Rothesay, Isle of Bute PA20

### Donald McAlister

☎ **01700 502419**  
High Road, Port Bannatyne, Isle of Bute

### Gerry McGuigan

☎ **01700 504736**  
Watergate, Isle of Bute PA20

### Donald McKellar

☎ **01700 502631/504386/502751**  
High Street, Rothesay, Isle of Bute PA20

### J H Montgomery

☎ **01700 504113**  
Ardbeg Road, Rothesay, Isle of Bute PA20

### Ronald Robertson

☎ **01700 500403**  
Ballinlay, Isle of Bute PA20

## Painters & Decorators

### Iain Duncan

☎ **01700 504835**  
High Road, Port Banatyne, Isle of Bute

### George Hanson

☎ **01700 505005**  
Union Street, Rothesay, Isle of Bute PA20

### Loch Fad Decorating

☎ **01700 502350**  
Marine Road, Ardbeg, Isle of Bute PA20

### Charles Malcolm

☎ **01700 503377**  
High Road, Port Bannatyne, Isle of Bute

### David Murdoch

☎ **01700 505155**

## Plumbers

### Pete the Plumber

☎ **01700 504518**

### Neil Gillies

☎ **01700 505743**

### George Hanson (A Shaw)

☎ **01700 505005**  
Union Street, Rothesay  
Isle of Bute PA20

### John Murray

☎ **01700 503876**  
Watergate, Isle of Bute PA20

### Donald Standaloff

☎ **01700 505976**  
Wyndham Road, Rothesay, Isle of Bute  
**Glynn Williams**  
☎ **07721335656**  
Ardbeg Road, Rothesay, Isle of Bute PA20

### Iain Rankin

☎ **07730422439**  
Eastlands Park, Isle of Bute PA20

### William Black

☎ **07979480070**  
Crosshill Villas, Rothesay, Isle of Bute, PA20

## Slaters

### Alan Ewing

☎ **01700 504214**  
Barone Road, Rothesay, Isle of Bute PA20

### Paul McDonald

☎ **01700 502663**  
Townhead, Rothesay, Isle of Bute PA20

### George Hanson (Paterson & Son)

☎ **01700 505005**  
Union Street, Rothesay, Isle of Bute PA20

### R & H Whitelaw

☎ **01700 502227**  
Port Bannatyne, Isle of Bute PA20

## Energy Saving Trust

### Home Energy Scotland

☎ **0131 555 7900/0808 808 2282**  
Second Floor, Ocean Point 1  
94 Ocean Drive, Edinburgh EH6 6JH  
For clear and impartial advice call Home Energy  
Scotland free on **0808 808 2282** or visit:  
[homeenergyscotland.org](http://homeenergyscotland.org)

## Low Carbon Trust

### Carbon Trust Scotland

☎ **02071707000**  
The Carbon Trust, Forsyth House  
93 George Street, Edinburgh EH2 3ES



# Fuel

Get on the right track for a greener and healthier Bute.



**F**uel comes in many different forms and has various applications. Fossil fuels – Oil, Coal and Natural Gas are naturally occurring fuels which have been harvested for heat and power and are not sustainable – once they are gone – they're gone! Renewable energy – wind, sun, wave and tidal power – these too are harvested for heat and power but the big difference is that the energy is free and renewable – there is no damage to the planet by using renewable technologies.

So what do you burn? Pellets,



chips, logs or briquettes? To find out more about renewable heat sources, Government incentives and support, contact Towards Zero Carbon Bute. For more

information on Briquettes which can offer a more consistent alternative to firewood logs contact Fyne Futures on **01700 503181**.

## Briquettes

### Fyne Futures

☎ **01700 504636**

Cotton Mill Lane, Isle of Bute PA20 0AP

## Renewable Technologies

### Earth Fuel Scotland

☎ **08000 124273**

Kevin Faulds

### G & T Energy

☎ **0141 339 1636 / 07764853678**

Peter Goodwin

### W & J Duncan

☎ **01700 503094**

Mill St, Rothesay  
Isle of Bute PA20 0EX

### Rothesay Motors

☎ **01700 502045**

56-62 Ladeside Street, Rothesay, PA20 0DJ

### Bute Motor Company

☎ **01700 502330**

11 Union St, Isle of Bute, PA20 0HD

## Coal

### McKirdy's

☎ **01700 502213**

Cotton Mill Lane, High Street  
Isle of Bute PA20 9BZ

### Cowal Building & Plumbing Supplies

☎ **01700 503628**

10 Union Street, Rothesay  
Isle of Bute PA20 0HD

### Bute Tools

☎ **01700 503857**

Calor Gas, 45-55 Montague St  
Rothesay, Isle of Bute PA20 0BU

### Mill Cottage

☎ **01700 505724**

Calor Gas 37 Mill Street, Rothesay  
Isle of Bute PA20 0EX

## Wood Fuel

### Mount Stuart Estate Sawmill

☎ **01700 831221**

Sawmill, Mountstuart, Isle of Bute PA20 9LR

### Community Forest

☎ **01700 500541**

Unit 5, 11 Victoria Street  
Rothesay, Isle of Bute PA20 0AJ

# Transport

Get on the right track for a greener and healthier Bute.



**M**aking an inroad into reducing your carbon footprint in regard to transport is something that we can all do.

It is quite easy to leave your car at home and walk, cycle, take the bus or sell your car altogether and join the community car club. Think of the money that you would save by doing any of the above. Not only will you benefit the environment, but also achieve greater health values to your body by exercising at the same time. Bute is also fortunate to be supported by great public transport links.

There are many cycle paths

and routes mapped throughout the island, which are very enjoyable and allow you to appreciate the beauty of the island while keeping safe at the same time.

More details are available from our active travel planner at: [www.cyclemap.tzcb.org.uk](http://www.cyclemap.tzcb.org.uk). Look out for Bute's Active Travel Map to guide you around our island.

Car Bute is Scotland's first Island Community Car Club, at printing we have 99 members. Car Bute offers all the advantages of using a car with none of the expense - simply give us a call on **01700 504636** to join, book and drive away!

## On Island Transport

### Bike Shed

☎ **01700 505515**

23-25 East Princes Street, Rothesay

### Westcoast motors

☎ **01586 552319**

bute@westcoastmotors.co.uk  
17 High Road, Port Bannatyne  
Isle of Bute PA20 0PR

### Community Car Club - Car Bute

☎ **07826415122**

info@fyneutures.org.uk  
7 Castle Street, Rothesay  
Isle of Bute PA20 9HA

## Taxis

### S Ross

☎ **01700 504224**

### A & I Taxis

☎ **01700 502275**

### C Sweet

☎ **01700 504000**

### Christine's Taxi

☎ **01700 502322**

### Jonathan Zan-Kreyser

☎ **01700 504499**

### McBride

☎ **01700 503000**

## Car Sharing



Something you can try yourself – why not co-operate with family, friends and neighbours to share journeys. Car sharing helps reduce the number of cars on the road, cuts emissions and means you can catch up with the latest Rothesay Rumours! There are also Community Transport options on Bute for those in need, please contact your local health practitioner for more details.

## Off Island Transport

### Calmac - Rothesay

☎ **01700 502707**

[www.calmac.co.uk](http://www.calmac.co.uk)  
The Ferry Terminal, Rothesay, Isle of Bute

### Calmac - Colintraive

☎ **01700 841235**

The Ferry Terminal, Colintraive

### McGills

☎ **Freephone 0800 0515651**

[www.mcgillsbuses.co.uk/contact-us](http://www.mcgillsbuses.co.uk/contact-us)

### Scotrail

☎ **0844 556 5636**

[scotrailcustomer.relations@firstgroup.com](mailto:scotrailcustomer.relations@firstgroup.com)

# Buy Local

Support the environment as well as the Bute economy by changing your shopping habits.



**L**ocal purchasing is a preference to buy locally produced goods and services over those produced further away. It is very often abbreviated as a positive goal, "buy local", that parallels the phrase "think globally, act locally", common in green politics.

Historically, there have been so many incentives to buy locally that no one had to make any kind of point to do so, but now with current market conditions, it is often cheaper to buy distantly produced goods despite the added costs in terms of



packaging, transport, inspection, retail facilities etc. As such, we now often have to take action if we want to purchase locally produced and sourced goods.

## Eateries

### The Glenburn Hotel

☎ 01700 502500  
Glenburn Road, Rothesay

### The Black Bull

☎ 01700 502366  
3 West Princes Street, Rothesay

### Blethers

☎ 01700 503900  
Victoria Street, Rothesay

### Brechin's Brasserie

☎ 0700 502922  
2 Bridgend Street, Rothesay

### No 29

☎ 01700 500099  
Gallowgate, Rothesay

### Chandlers Hotel

☎ 01700 505577  
Ascog, Isle of Bute

### Coffee Stop

☎ 01700 505545  
High Street, Rothesay

### Electric Bakery Cafe

☎ 01700 503471  
Montague Street, Rothesay

### Esplanade Hotel

☎ 01700 502001  
High Street, Rothesay

### Ettrick Bay Tearoom

☎ 01700 500223  
Ettrick Bay, Isle of Bute

### Green Tree Cafe

☎ 01700 503724  
Moat Centre, Stuart St, Rothesay

### Harry Haws

☎ 01700 505 857  
High Street, Rothesay

### Howards Way

☎ 01700 502006  
Battery Place, Rothesay

### Indian Pavilion

☎ 01700 504988  
Argyll Street, Rothesay

### 3 and 1

☎ 01700 500333  
Argyll Street, Rothesay

### Jade Garden

☎ 01700 502347  
25 Gallowgate, Isle of Bute

### Kingarth Hotel

☎ 01700 831662  
Kingarth, Isle of Bute

### Kettledrum

☎ 01700 505324  
East Princes Street, Rothesay

### Mountstuart Restaurant

☎ 01700 503877  
Visitor Centre, Rothesay

### Musicker

☎ 01700 502287  
High Street, Rothesay

### Port Bannatyne Post Office

☎ 01700 502911

### Squat Lobster

☎ 07748 552761  
Pier, Rothesay

☎ 01700 504503  
Victoria Street, Rothesay

### The Pier at Craigmore

☎ 01700 502867  
Rothesay

### The Russian Tavern

☎ 01700 505073  
Port Bannatyne, Isle of Bute

### Sea Dragon

☎ 01700 502094  
East Princes Street, Rothesay

### Victoria Hotel

☎ 01700 500016  
Victoria Street, Rothesay

### Waterfront Bistro

☎ 01700 505166  
East Princes Street, Rothesay

### West End Chip Shop

☎ 01700 503596  
Gallowgate Rothesay

### Zavaroni's

☎ 01700 502928  
Argyle Street, Rothesay

### Margaret Zavaroni

☎ 01700 502630  
Albert place, Rothesay

### Zavaroni's chip shop

☎ 01700 503005  
East Princes Street, Rothesay

## Take Away Foods

### The Dairy

☎ 01700 503806  
10 Bridgend Street, Rothesay

### Middletons

☎ 01700 503663  
East Princes Street, Rothesay

### Newsagents

☎ 01700 500077  
High Street, Rothesay

## Hotels

### Chandlers

☎ 01700 505577  
Ascog, Isle of Bute PA20

### Cannon House Hotel

☎ 01700 502819  
Battery Place, Rothesay

### Colintraive Hotel

☎ 01700 841207  
Colintraive  
Isle of Bute PA22 3AS

### Esplanade Hotel

☎ 01700 502001  
High Street, Rothesay

### Glenburn Hotel

☎ 01700 502500  
Mountstuart Road, Rothesay

### Kingarth Hotel

☎ 01700 831662  
Kingarth, Isle of Bute

### Howards Way

☎ 01700 502006  
Battery Place, Isle of Bute

### The Victoria Hotel

☎ 01700 500016  
Victoria Street, Rothesay

## Bed & Breakfasts

### The Moorings

☎ 01700 502277  
Mountstuart Road, Rothesay

### Sunnyside Guest House

☎ 01700 502351  
Rothesay, Isle of Bute

### Alamein

☎ 01700 502395  
Battery Place, Rothesay

### Argyle Guest House

☎ 01700 502424  
Rothesay, Isle of Bute

### Battery Lodge

☎ 01700 502169  
Battery Place, Rothesay

### Bayview Hotel

☎ 01700 505411  
Battery Place, Rothesay

**The Boat House** ☎  
01700 502696  
Battery Place, Rothesay

### Bute House Hotel

☎ 01700 502481  
West princes Street, Rothesay

### The Commodore

☎ 01700 502178  
Battery Place, Rothesay

### Glendale Guest House

☎ 01700 502329  
Battery Place, Rothesay

### Ivybank Guest Villa

☎ 01700 505064  
Westlands Road, Rothesay

### Munro's B & B

☎ 01700 502346  
Ardmory Road, Ardbeg

### The Lyndhurst Guest House

☎ 01700 504799  
Battery Place, Rothesay

## Self Catering Apts

### Ascog

☎ 0628 825925  
Isle Of Bute, PA20 9EU

### Bannatyne

☎ 01700 503906  
Kilchattan Bay

### Blairbank

☎ 01700 503475  
Battery Place, Rothesay

### Bruichladdich

☎ 01700 502803  
Crichton Road, Rothesay

### Bute Lets

☎ 01700 503906

### Dykenamar

☎ 01483772506

### Morningside

☎ 01700504237  
Serpentine Road, Rothesay

### Mount Stuart

☎ 01700 503877  
Isle Of Bute

### Plan Farm

☎ 01700 831652  
Kingarth, Isle of Bute

### Self Catering Apartments

☎ 01700 503526  
Battery Place, Rothesay

### The Commodore

☎ 01700 502178  
Battery Place, Rothesay

### East Colmac Farm

☎ 01700 502144  
Rothesay

### Prospect House

☎ 01700 503526  
Rothesay

### Ardenraigh House Apartments

☎ 01700 505077  
Rothesay, Isle Of Bute, PA20 9EP  
[www.holidaylettings/bute](http://www.holidaylettings/bute)

## Holiday Parks

### Lanerly Garth Park

☎ 01700 502048  
Serpentine Road, Rothesay



**Roseland Caravan Park**  
☎ 01700 504529  
Canada Hill, Rothesay

**Pubs**

**Anchor Tavern**  
☎ 01700 502096  
32 Marine Road, Port Bannatyne

**Argyll Arms**  
☎ 01700 502643  
27 Watergate, Isle of Bute

**Blackbull Inn**  
☎ 01700 502366  
3 West Princes Street, Rothesay

**Gamba's Bar**  
☎ 01700 502 938  
72 Victoria Street, Rothesay

**Club 292**  
☎ 01700 502364  
Chaphill Road

**Howards Way**  
☎ 01700 502006  
Battery Place, Rothesay

**Esplanade Hotel**  
☎ 01700 502001  
High Street, Rothesay

**Galatea Bar**  
☎ 01700 502371  
8 Castle Street, Rothesay

**The Golfers Bar**  
☎ 01700 502095  
3 East Princes Street, Rothesay

**The Grapes Bar**  
☎ 01700 503803  
70 Montague Street, Rothesay

**Mac's Bar**  
☎ 01700 502417

14-18 Castlehill Street, Rothesay

**Palace Bar**  
☎ 01700 505055  
1 East Princes Street, Rothesay

**The Port Inn**  
☎ 01700 502183  
44 Marine Road, Port  
Bannatyne, Isle of Bute

**Smiddy Bar**  
☎ 01700 831662  
Kingarth Hotel

**Taverna Lounge Bar**  
☎ 01700 502525  
5 Watergate, Rothesay

**Ghillies Bar**  
☎ 01700 500016  
Victoria Hotel, Rothesay

**Struan Bar**  
☎ 01700 500119  
15 Mountstuart Road, Rothesay

**Architects**

**Marshall Associates**  
☎ 01700 504465  
Argyle Street, Rothesay

**Artists, Crafts, Galleries**

**Castle Gallery**  
☎ 01700 500159  
High Street, Rothesay

**Gallery East**  
☎ 01700 502503  
East Princes Street, Rothesay

**Ruth Slater**  
☎ 01700 500403  
Ballianlay

**Eateries**

**Electric Bakery**  
☎ 01700 503471  
Montague Street, Rothesay

**Barbers**

**Hollies**  
14 Bridgend Street, Rothesay

**Wes**  
Deanhood Place, Rothesay

**Bobby Pedder**  
14 Watergate, Rothesay

**Hairdressers**

**Caroline**  
☎ 01700 504444  
Victoria Street, Rothesay

**Diane's Hair & Beauty**  
☎ 01700 503695  
Montague Street, Rothesay

**Maison Gina**  
☎ 01700 502966  
Montague Street, Rothesay

**Nadia's Hair & Beauty**  
☎ 01700 503683  
Bridge Park, Rothesay

**Salon Francesca**  
☎ 01700 505385  
East Princes Street, Rothesay

**Bookshop & Printer**

**Printpoint**  
☎ 01700 503389  
Bishop Street, Rothesay

**Cabinet Maker**

**Ray Beverley**

☎ 01700 500029  
Mecknock, Isle of Bute

**Cards & Gifts**

**Butterflies**  
☎ 01700 505393  
Victoria Street, Rothesay

**Card and Gift Shop**  
☎ 01700 503886  
Victoria Street, Rothesay

**Simply Buteiful**  
☎ 01700 503778  
Montague Street, Rothesay

**Mave's Lucky Box**  
☎ 01700 505562  
Victoria Street, Rothesay

**The Castle Gallery**  
☎ 01700 500159  
High Street, Rothesay

**Good Things**  
☎ 01700 505802  
Argyle Street, Rothesay

**Picture Bute**  
☎ 01700 500030  
8 Albert Place, Rothesay

**Isle of Bute Jewellery**  
☎ 01700 503415  
East Princes Street, Rothesay

**Carpet & Flooring**

**R Bussey and Sons**  
☎ 01700 505 029  
Broadcroft Lane, Isle of Bute

**Carpet Warehouse**  
☎ 01700 500404  
Tower Street, Rothesay

**Horncroft on the Floor**

☎ 01700 505060  
Bridge Street, Rothesay

**Carriers, Parcel Delivery**

**A & M Parcels**  
☎ 01700 503635

**Man and Van**  
☎ 07447 128545

**Car Wash**

**Kev's Valeting Service**  
☎ 01700 502050 /  
07881472049  
Mill Garden Centre, Union  
Street, Rothesay

**Chain Stores**

**Scottish Co-op**  
☎ 01700 502415  
Bridge St, Rothesay

**Scottish Co-op**  
☎ 01700 502907  
12 E Princes St, Rothesay

**Superdrug**  
☎ 01700 503452  
Montague Street, Rothesay

**Semi-Chem**  
☎ 01700 503027  
Montague Street, Rothesay

**Factory Shop**  
☎ 01700 504682  
Montague Street, Rothesay

**Chemists**

**Lloyds Pharmacy**  
☎ 01700 502836 /  
01700 502362

**Childcare**

**Appletree Nursery**  
☎ 01700 505074  
McNabs Bare, Rothesay

**Little Cherub's**  
☎ 01700 501808  
Ballianlay Isle of Bute

**Rothesay Playgroup**  
☎ 01700 505325  
Union Street, Rothesay

**Bute Babies (Margaret  
Williams)**  
☎ 01700 50 ???  
Chapelhill, Rothesay

**Driving Schools**

**Jim Thomson**  
☎ 01700 502574 /  
078349522158  
Mini Drivers

**Sweet Success**  
☎ 0170050437

**Janice Soane**  
☎ 01700 502256 /  
07799026571

**Alistair Bell School of  
Motoring**  
☎ 01700 502533

**Florists**

**Flowers by Janine**  
☎ 01700 502084  
Montague Street, Rothesay

**Jessmay**  
☎ 01700 504365  
Bishop Street, Rothesay

**Newsagents**

**Julie's**  
☎ 01700 500690  
Montague Street, Rothesay

**Toffo's**  
☎ 01700 502137  
Guildford Square, Rothesay

**High Street Newsagents**  
☎ 01700 500077  
Rothesay

**Clothes Shops**

**T F Glen and Son**  
☎ 01700 503807  
Victoria Street, Rothesay

**Just Menswear**  
☎ 01700 505852  
Montague Street, Rothesay

**Knox's Fashion**  
☎ 01700 502467  
Montague Street, Rothesay

**The Dressing Room**  
☎ 01700 505288  
Montague Street, Rothesay

**Barbara's**  
☎ 01700 505076  
Tower Street, Rothesay

**Glen's Sports Shop**  
☎ 01700 503807  
Victoria Street, Rothesay

**T F Glen and Sons**  
☎ 01700 503807  
Victoria Street, Rothesay

**Good Things**  
☎ 01700 505106  
Argyle Street, Rothesay



**LIVE BUTE - LOVE LOCAL**

**IF EVERY ADULT  
ON BUTE SPENT JUST  
£5 per week**

**in their local independent shops  
INSTEAD OF ONLINE OR  
at the big supermarkets  
it would be worth an extra**

**£1.5 MILLION PER YEAR**

**going back into the local economy  
WHICH MEANS MORE JOBS  
better facilities and  
a nicer place for us all to live**

**MAKES YOU THINK  
DOESN'T IT**

# Get Involved

Bute has dozens of active green groups, so volunteer today!



**Do** you think changing what you do will make a difference? Yes of course it will! If everyone was to think that way then what a large change we would all make. Every time you do the right thing and change your habits, your friends and family will notice a change and might start to do things differently. By joining people who think the same way then your voices can all come together and you should be heard more. Some of the organisations you might like to meet up with are:

**Bute Forest**  
☎ 01700 500541

**Bute Community Links**  
☎ 01700 504438  
12 Bishop Street, Rothesay  
Isle of Bute PA20 9DG

**Bute Advice Centre**  
☎ 01700 502784  
13 Argyle St, Rothesay  
Isle of Bute PA20 0AT

**Zero Waste Scotland**  
☎ 01786 433 930  
Ground Floor, Moray House,  
Forthside Way, Stirling FK8 1QZ

**Argyll Voluntary Action**  
☎ 01631 564839  
21 High St., Oban, Argyll & Bute PA34 4BG

**Absen – Argyll and Bute Social Enterprise Network**  
☎ 07932622952  
enquiries@absen.org.uk

**SCVO – Scottish Council for Voluntary Organisations**  
☎ 0141 552 7111  
Brunswick House, 51 Wilson Street,  
Glasgow G1 1UZ

**TZCB – Towards Zero Carbon Bute**  
☎ 01700 504636  
1st Floor, 7 Castle Street,  
Rothesay, PA20 9HA

**Achievement Bute**  
☎ 01700 505558  
9 Castle St, Isle Of Bute,  
Isle Of Bute, PA20 9HA

**Bute FM**  
☎ 07562612747  
Top Floor, 7 Castle Street, Rothesay,  
Isle of Bute, PA20 9HA  
Email: studio@butefm.com

**Radio Bute**  
☎ 07989 088 087  
7 Castle Street, Rothesay,  
Isle of Bute, PA20 0AJ

**Rustle Way Art Studio**  
7 Russell Street, Rothesay, Isle of Bute

**Bute Astronomical Club**  
☎ 07950782501  
Rothesay, Isle of Bute  
info@buteastronomicalclub.co.uk

**North Bute Literary Society**  
☎ 01631 564839  
Fortnightly meetings, talks and discussions of general interest, slide shows etc. Originally emphasis was on literature, music and art. Society formed 106 years ago.

**Women's Rural**  
Kilchattan Bay, Ardbeg, Craigmore, Port Bannatyne

**Schools Parents Council**  
☎ 01700 503367  
Rothesay Joint Campus

**Rotary Club of Rothesay**  
☎ 01700 503728  
North Bute Primary  
☎ 01700 503123  
St Andrews Primary

**Ballochgoy Family Project**  
☎ 01631 564839

## Local Charities

**Achievement Bute**  
☎ 01700 505558  
9 Castle Street, Rothesay

**Mcmillan Nurses**  
<http://volunteering.macmillan.org.uk>

**Cancer Research**  
☎ 01700 504897  
101 Montague Street, Rothesay,  
Isle of Bute PA20

**Brianne Roberts Trust**  
East Princes Street, Rothesay,  
Isle of Bute PA20

**Calum 's Cabin**  
☎ 07544979538  
3-5 Tower Street, Rothesay,  
Isle of Bute PA20

**Action Research**  
Argyle Street, Rothesay  
Isle of Bute PA20

**Oxfam**  
☎ 01700 502135  
21 Montague Street, Rothesay  
Isle of Bute PA20

**Red Cross**  
☎ 01700 505679  
Barone Road, Rothesay PA20

**HELP Ltd**  
☎ 01700 50 0505  
Bishop Street, Rothesay, Isle of Bute

**For Bute**  
Victoria Street, Rothesay, Isle of Bute

## Churches

**St Andrews**  
☎ 01700 502047  
Columshill Street, Rothesay

**United Church of Bute**  
☎ 01700 504502  
Townhead, Rothesay, Isle of Bute

**St Paul's Episcopal Church**  
Deanhood, Rothesay

**Trinity Church**  
☎ 01700 503010  
Castle Street, Rothesay, Isle of Bute

**Baptist Church**  
☎ 01700 501997  
7 King Street Rothesay, Isle of Bute

**Jehovah Witness**  
Kingdom Hall, Union Street,  
Rothesay, Isle Of Bute

## Useful Local Numbers

**Acha** ☎ 08000 282755

**Ambulance** ☎ 999

**Argyll & Bute Care & Repair**  
☎ 07786544889

**Argyll & Bute Council – Social Work** ☎ 01546 605517

**Argyll & Bute Council – Housing Benefit**  
☎ 01546 605511

**Leisure Pool** ☎ 01700 504300

**Pavilion** ☎ 01700 504250

**Harbour Master**  
☎ 01700 503842

**Registration Office**  
☎ 01700 501350

**Bute Advice Centre**  
☎ 01700 502784

**Bute Vets** ☎ 01700 503017

**Chemist**  
☎ 01700 502836 / 502362

**Coastguards** ☎ 01475 729988

**Crossroads** ☎ 01700 504438

**D Fergus Dentists**  
☎ 01700 50171

**Bute Dental Surgery**  
☎ 01700 502041

**Electricity Emergencies**  
☎ 0800 300999

**Encompass** ☎ 01700 505855

**Fyne Homes** ☎ 08456 077117

**Gas emergencies**  
☎ 0800 111999

**Health Centre**  
☎ 01700 501532

**Inland Revenue**  
☎ 08453 021452

**Inverclyde Hospital**  
☎ 01475 633777

**Job Centre**  
☎ 08456 043719

**Library** ☎ 01700 503266

**NHS 24**  
☎ 08454 242424

**North Bute School**  
☎ 01700 503728

**Police** ☎ 01700 894000

**Rothesay Hospital Annex**  
☎ 01700 502943

**Rothesay Hospital**  
☎ 01700 503938

**Royal Alexandra Paisley**  
☎ 01418 879111

**Thomson Court Hospital**  
☎ 01700 503166

**Royal British Legion**  
☎ 07795 417652

**Rothesay Primary**  
☎ 01700 503227

**Rothesay Academy**  
☎ 01700 503367

**St Andrews School**  
☎ 01700 503123

**Tourist Information**  
☎ 01700 502151

**The Buteman**  
☎ 01700 502503



# Resources

## Bute community facilities and activities for all the family...



**T**here are lots of amazing activities and places to visit on Bute that perhaps don't fall into a special category. Here are some of the very interesting places to visit and enjoy. Bute is renowned for its beautiful beaches with wonderfully scenic vistas across to the mainland on the east of the island and across to Arran on the southwest. Whatever the weather, all of Bute's beaches are worth a visit.

**Scalpsie Bay** is on the Kilchattan Bay, turn down towards Kilchattan Bay from Kingarth Hotel. It is a beautiful and secluded bay with reddish sand. Scalpsie was used for a variety of military purposes in WWII. The timber posts sunken into the sand are the remains of WWII anti-glider defences as the area was thought to be a possible landing site for a German invasion. The small cottage above the beach was more recently used up until the Cold War as a listening post for enemy submarines patrolling the Firth of Clyde. Scalpsie has two viewpoints; one is called Seal View below the road from which a colony of some 200 seals can be observed on the rocks to the north of the bay. The other viewpoint is set above the road and commands a fantastic panoramic view of Arran and the Holy Isle. The whole area is waymarked and pathed to all the sites of interest.

**Etrick Bay** is a long, golden

sandy beach reaching about a mile along the west coast of the island. It is a popular stop for all holiday makers with a tearoom serving food all afternoon with some lovely cakes! It also has a children's play area, car park and toilet facilities. At the south end of the bay visitors will find a bird hide that is a great spot for sightings of waders and other sea birds. The water quality here is monitored by SEPA so you can often find people paddling and swimming in the clear water during the warmer summer months.

**Dunagoil:** Discover this ancient Iron-Age fort located at the southern end of the Isle of Bute. Occupying a commanding position at the southern end of the Isle of Bute, this Iron-Age fortification is a fine example of a vitrified structure –one that has been deliberately exposed to extreme heat to strengthen its walls by causing the rocks to fuse.

**St Ninian's:** St Ninian's Bay or The Straad is another small bay on the west coast with a natural anchorage. The bay is protected by

St Ninian's point, a spit of land that can become cut off with spring tides. From here you get fabulous views of Inchmarnock, the 2-mile long satellite isle off the west of Bute. It is also home to St Ninian's Chapel, an early Christian site associated with Ninian that was consolidated by the Discover Bute Landscape Partnership Scheme in 2009. The bay used to have a thriving fishing fleet and as such the beach is covered with a sand of white cockleshells.

**Kilchattan Bay:** Turn down towards Kilchattan Bay from the Kingarth Hotel and you'll pass behind this beach. The "Wee Bay" beach is actually quite large. There's a reddish tinge to the sands of Kilchattan Bay – the rock around here is predominately red sandstone. The beach lies just north of the settlement of Kilchattan Bay and you can park your car just behind the beach past the row of beachside cottages ( a lovely location for a house). Low tide brings acres of sand to explore and there are great opportunities for bird watching.

**Langalbu'inoch (Stravannan Bay):** can be reached on foot by following the signs for the West Island Way from the west coast road to Kingarth or the road to St Blane's Chapel from the airfield. The beach sits directly opposite Arran and is wonderfully peaceful. From here you can see the different layers of volcanic rock that make up this part of the island and further round the bay you can see the vitrified fort at Dunagoil.

**Kilmichael:** A ruined chapel situated in the remote north of Bute. It was dedicated to St Macaille, it is open all year.

### Bute Forest

☎ 01700 500541  
[www.buteforest.com](http://www.buteforest.com)

Rhubodach Forest is an area of, ancient woodland, commercial forest, moorland and coast on the Isle of Bute. In July 2010 Bute Community Land Company (a charitable company owned by the residents of the island) purchased 161 hectares of forest and acquired rights over a further 535 hectares for footpaths, cycle paths and hydro schemes. Right from the start, the purchase of the forest was seen as the first important step in the community taking charge of its own destiny and leading the social and economic regeneration of the island.

**Bird Hide - Etrick Bay, Ascog, Fad:** The Isle of Bute has a great deal of fascinating wildlife to offer. Anyone with an interest in things that walk, fly, crawl, slither and swim will have a multitude of opportunities to see their favourite animals in a marvellous setting, their own, undisturbed island environment. There is such a diverse variety of wildlife to keep even the keenest nature enthusiast stimulated and inspired. As well as the many more widespread species you may see

throughout the UK. You could also be lucky enough to catch a glimpse of Osprey, Hen Harriers, Golden Eagles, Red Throated Divers, Porpoise, Dolphins and Grey Seals.

Anywhere around the coast affords good chances of capturing seals, but Ascog and Scalpsie are particularly good, and you may even see an Otter which again, are resident around the island. Red and Roe deer are plentiful, as are rabbits, hares and foxes. There are 3 excellent bird hides on Bute, situated at Loch Fad (The Kirk dam), Loch Quien and Etrick Bay. Numerous species of birds can be photographed from these hides, and especially worthy of note are the breeding Ospreys which feed in both Loch Quien and Loch Fad. A long lens is recommended for your bird photography.

If you would like to find out more about Bute's wonderful wildlife then go to [birdseyeviewofbute.co.uk](http://birdseyeviewofbute.co.uk) where Norrie Mulholland will take you through all the species of animals on Bute and where they can be seen.

**The West Island Way** was officially opened in 2000 by Janet Street-Porter, the journalist and former president of the Ramblers Association. The route runs the length of the island for about 25 miles (40km) and can be accessed from various points. The views of the island and the seascapes are fantastic and make a walk along the route more than worthwhile. The West Island Way was the first way marked long distance island footpath in Scotland. You could walk it between one and five days but it is best walked over two.

The route is way marked, running the complete length of the island for around 30 miles. It crosses a dramatic landscape, with a beautiful coastline, beaches, farmland, the moors, and forests. Pick up a Discover Bute Landscape Partnership Scheme Map from most local shops to find your way

round the West Island Way and along other walks.

This long distance walk can easily be broken down into a series of shorter walks. The route is now part of the Scotland's Great Trails network. There is an excellent guide to the route at the Walk Highlands website.

**St Blane's Chapel:** For thousands of years, the Isle of Bute has been treasured by mankind. From the arrival of the first pre-historic hunter-gatherers through to the Viking invaders and visits from kings of Scotland, Bute has witnessed much. The essence of what captivated them is here for you to experience too. Stretching farther back in time, only the rocks and landscape tell of millions of years of volcanic upheaval and unimaginable forces which created and shaped the land and the lochs we can explore today. Fortunately, you don't need to be a geologist or archaeologist to appreciate Bute, just take a short walk in any direction and you'll soon discover a wealth of history to marvel at.

Although the exact date is unknown, there is significant evidence of early Christian sites on the Island, dating from around 1400 years ago. St Blane's Chapel is the most well-known and well worth a visit to explore its extensive ruins and tranquil location.

### Rothsay Castle

☎ 0845 859 1006  
**Castlehill Street, Rothsay  
Isle Of Bute, PA20 0DA**

Once a bulwark against invading Viking forces, the magnificent ruins of Rothsay Castle boast a long and close connection to the Stewart dynasty. The Castle dates back to the early 13th century and is remarkably well preserved in spite of its age. Built by the Stewart family to defend against

invading Norwegian fleets, Rothesay's immense circular curtain wall makes it unique in Scotland. In 1230 it survived a three-day siege by King Haakon IV of Norway which precipitated the castle's fortification with four round towers. It became a royal residence soon after and was later occupied by Robert the Bruce during the Wars of Scottish Independence. It also served as a base for Cromwell's troops in the late 17th century. The grandiose great hall in the gatehouse was restored by a Marquess of Bute in 1900 which now contains informative interpretive display which illuminate the history of the castle and its inhabitants. The 15th century St Michael's Chapel in the courtyard is another of the castle's impressive surviving features.

#### Rothesay Victorian Toilets

☎ 01700 504754  
*The Pier, Rothesay, Isle of Bute*

#### Bute Museum

*Stuart St, Rothesay, Isle of Bute*  
Bute Museum is an independently run museum where visitors can explore the Natural and Historical Heritage of the Isle of Bute. The History & Archaeology Gallery has displays covering aspects of Bute's History from Mesolithic and Neolithic times through to the closing years of the 20th century. The Natural History Gallery allows visitors to explore the geology, plants, animals and birds.

**Bute Golf Course:** A special golfing experience awaits close to the sands of Stravannan Bay on the west coast of the beautiful Isle of Bute. Here you will find a hidden gem... Bute Golf Club's unique nine-hole Kingarth course which provides an opportunity to sample the very origins of the game. Golf has been played here for more than 120 years, making it the oldest course on the island.

Players can enjoy the splendour of seaside golf in a spectacular setting with the dramatic backdrop of The Sleeping Warrior on the mountains of Arran. There are panoramic views across the Kilbrannan Sound to Kintyre in the west and to the Ayrshire coast in the east from this short, but tricky, course.

Green fees entitles golfers to play all day and green fees should be deposited in the honesty box at the clubhouse. There's no need to book tee times... visitors are always welcome with the exception of Saturday mornings up until 11.30am because of club competitions. Parties of more than eight players should, however, contact the Hon. Secretary on **01700 503091**.

#### Rothesay Golf Course

☎ 01700 503554  
*rothesaygolfclub@btconnect.com*

Enjoy a day playing on one of Scotland's most scenic golf courses in a picturesque setting with panoramic views covering the seven Counties surrounding the Firth of Clyde. Founded in 1892, Rothesay Golf Club was moved, extended and relaid out by James Braid in 1908, with a first tee only ¾ of a mile from Rothesay pier. Over the course of the 20th century most famous golfers played and enthused about the course. The course circles around Canada Hill which at about 400ft gives spectacular views of the Firth of Clyde, the Cowal Hills, Lochs Ridden and Striven, the Mull of Kintyre, the Isle of Arran and the Ayrshire Hills. The great Walter Hagen played the course and said that the views could not be beaten anywhere in the world.

Only 5419 yards in length, the 18 holes present a very tough challenge to scratch golfers and beginner alike. Ryder Cup stalwart Eric Brown thought the 4th hole one of the most difficult Par 3's in Europe. Off Peak deals and parties can be arranged through the

Rothesay Golf Course Clubhouse.

#### Port Bannatyne Golf Course

☎ 01700 504544  
*www.portbannatynegolf.co.uk*

Situated in Port Bannatyne, this is a 12 hole golf course, Founded in 1912, Port Bannatyne is almost unique in having 13 holes, with the first five holes being played again before a separate 18th. It can claim to be among the most scenic in Scotland, looking over the Kames Bay to the Cowal Hills and the mouth of the Kyles of Bute and Loch Striven. From the highest point of the course, at the 8th tee, golfers can look westwards to Ettrick Bay, Loch Fyne and the Kintyre peninsula.

#### Rothesay Bowling Club

☎ 01700 503215  
*Ballochgoy Rd, Isle of Bute PA20 0JH*

#### Craigmore Bowling Club

☎ 01700 500416  
*Grosvenor Road, Rothesay  
Isle of Bute PA20 9LE*

#### Ardbeg Bowling Club

☎ 01700 502164  
*Rothesay, Isle of Bute PA20 ONP*

**Pétanque:** Opened in 2008 through the efforts of the local community, this pétanque piste is one of the few dedicated pistes in Scotland. The all-weather gravel pitch is open to all. The pitch is found on the coastal side of Marine Road, near Anchor Tavern in Port Bannatyne, Bute. Boule hire is available from the Anchor Tavern and the local post office, situated nearby.

#### Kayak Bute Ltd

☎ 077652 41686  
*1 Clarendon Court, High Rd,  
Isle of Bute, PA20 0PB  
info@kayakbute.co.uk*

Scotland and The Isle of Bute is a world class sea kayaking destination. First time kayakers and more experienced paddlers will find our varied coast line offers

conditions to developing skills and satisfying your sense of adventure.

#### Isle Of Bute Sailing Club

*Westbay, Isle of Bute PA20 0AZ*

The Club endeavours to welcome, and support, anyone who likes to participate in the fun of sailing. During the season, sailing will take place on Wednesday evenings and Sunday afternoons. Weather permitting the races will start at 7.00pm on a Wednesday, and 2.00pm on a Sunday. However, on some occasions racing may be replaced by training sessions suitable for all abilities.

#### Ardbrannan Riding Centre

☎ 01700 504761 / 07725 842005  
*Eastlands Road, Canada Hill  
Rothesay, Isle of Bute*

Located 2 miles from Rothesay town centre, in the heart of stunning countryside, Ardrannan Riding Centre has horses and ponies to suit all the family. Improve your riding skills and enjoy a memorable outdoor adventure. They offer a full range of private or group lessons on well-mannered horses & ponies, suitable for beginners to experienced children or adults. For more details contact Laura McMmillan.

#### Loch Fad Fisheries

☎ 01700 504871 / 07712 534511  
*Isle of Bute, PA20 9PA  
info@lochfad.co.uk*

Loch Fad (Rainbow and Brown Trout) - 175 acres, the 'long loch' lies directly along the Highland fault line. It is classified by Scottish Natural Heritage as a site of special scientific interest (SSSI) for its scenic beauty and its huge diversity of bird life and vegetation. The loch is surrounded by wooded hills, including one of the first commercial Douglas Fir plantations dating from the 1840's. With a maximum depth of 36 feet at the narrows, the ends of the loch have shallower areas ideal for

fly fishing and although fish can be taken all over, the south end does tend to fish better as the water warms.

#### Rothesay Library

☎ 01700 503266  
*Moat Centre, Stuart Street  
Isle Of Bute PA20 0BX*

#### Rothesay Pavilion

☎ 01700 504250  
*45 Argyle St, Isle of Bute PA20 0AU*

This truly iconic building, opened in 1938, sits in an unparalleled position at the north west end of Rothesay's famous Victorian Esplanade, commanding unsurpassed views of Rothesay Bay, and across to the Cowal Peninsula, and the Renfrewshire and Ayrshire coasts. Built in the era of the "Big Band Sound", Rothesay Pavilion was specifically designed to fulfil a wide range of functions – from dancing to conferences, variety shows to flower shows, weddings, meetings and a host of sports activities and exhibitions of all types. Rothesay Pavilion continues to provide a key role at the heart of the island community, offering a wide range of facilities from the flexible main hall (up to 1,000 capacity), as well as smaller rooms for meetings, seminars and training courses. Football training is available during the week and in the winter months an Indoor Football Tournament is played on a Friday evening.

#### Rothesay Leisure Centre & Gym

☎ 01700 504300  
*96 High St, Rothesay  
Isle of Bute PA20 9BN*

Rothesay Leisure Centre can be found on High Street next to the King George V playing fields and it is within walking distance of the town centre. In the centre you will find a 25 metre swimming pool with a beach area, a brand new fitness suite with state of the art equipment, a health suite including a sauna and a steam room. The Centre is all on one level

and we have disabled access and changing facilities.

The Leisure Centre also runs fitness classes such as: Xtreme Circuits, Total Body Conditioning, Kettlebells, Powerhoop and Spinning. These classes operate at difference times during the day and it is best to contact the pool for more details.

#### Winter Gardens:

This unique Centre, housed in Rothesay's famous 1924 Winter Garden, houses a fascinating free multi-media exhibition, introducing you to the beautiful Isle of Bute, incorporating the tourist information centre. The Discovery Centre hosts a free film "Forever Island" in the Discovery Theatre and meet the "Anibod" before setting out on your own exploration of the island. The Tourist Information staff also offer a comprehensive and friendly service. There is also the state-of-the-art, 90-seat theatre, which shows the latest movies, tickets can be booked via the tourist board or by turning up at the venue at the time of showing.

#### Mount Stuart House

01700 503877  
*Isle of Bute, Argyll and Bute PA20 9LR  
www.mountstuarthouse.com*

The Power of Imagination Mount Stuart is testament to generations of Stuart passion and flamboyance. Explore this wondrous gothic structure and its labyrinth of gardens and you cannot fail to be impressed. The house itself is arguably the finest piece of domestic architecture to emerge from Britain's Gothic Revival in the 19th Century. This lavish palace boasts a majestic marble hall, an awe-inspiring white marble chapel, sumptuous accommodation and unspeakably rich reception rooms.










# Advice & Support for Low Carbon Living



## Low Cost No Cost Toolkit

Our Low Cost No Cost Toolkit outlines the different types of Hard to Treat properties on Bute. Most of the Low Cost measures could be done yourself, such as draft proofing and insulation, materials can be bought locally and in national DIY stores. Even the sempatap insulation could be applied by someone who is able to hang wallpaper.

Some things such as door curtains and draft excluders could be made from second hand or unused materials. Reinstating or new shutters would need professional help, so would some loft or under floor insulation, although some people would be happy to attempt it themselves.

-  **ENERGY EFFICIENCY**
-  **RENEWABLE ENERGY**
-  **LOW CARBON TRANSPORT**
-  **LOCAL PRODUCE**
-  **RECYCLING**
-  **REUSE**
-  **BIO-FUELS**

**Find out more at [www.tzcb.org.uk](http://www.tzcb.org.uk)**

Tel: 01700 504636 Email: [info@tzcb.org.uk](mailto:info@tzcb.org.uk)

Rothsay, Isle of Bute PA20 0AP