

Rhubarb & Custard Cake



Ingredients

For the rhubarb: 400g rhubarb, washed and cut into chunks 50g caster sugar

For the cake: 250g unsalted butter, at room temperature 150g ready made custard 250g self raising flour ½ teaspoon baking powder 4 eggs 1 teaspoon vanilla extract 250g golden caster sugar

Method

- 1. Preheat the oven to 200° c.
- 2. Wash and trim the rhubarb. Cut into largish chunks, approx 2-3cm long.
- 3. Place in a shallow baking tray & sprinkle with caster sugar. Spread the rhubarb in a single layer then cover with foil and roast for 15 minutes.
- 4. Remove the foil and shake the tray a little. Roast for a further 5 minutes or until the rhubarb is tender and the juices are syrupy. Drain off the juices before you let the rhubarb cool.
- 5. Lower the oven temperature to 180°c.
- 6. Line a 20cm round springform cake tin with baking paper and put 3 tablespoons of custard to one side for later.
- 7. Beat the butter, remaining custard, flour, baking powder, eggs, vanilla and golden caster sugar in a large bowl until smooth and creamy.
- 8. Spoon a third of the batter into the prepared tin and level then spoon a third of the rhubarb onto the batter and ensure it is evenly distributed repeat until you finally scatter the remaining rhubarb on top the remaining custard on top as well.
- 9. Bake for approximately 40 minutes or until risen and golden, then cover with foil and bake for a further 15-20 minutes or until a skewer inserted into the cake comes out clean. Mine took nearer to 1 hour 30 minutes in total.
- 10. Cool in the tin on a wire rack. Serve with some thick cream.

Sponsors and supporters of Bute Produce include:













Green Box Scheme - Recipes for 20th April 2012

Baked Potatoes stuffed with Broccoli and Cheese





3 large baking potatoes 2 tablespoons olive oil 1 broccoli head cut into florets 1 large onion, finely chopped 4 cloves garlic, minced 1 cup grated cheese (cheddar) 1/2 cup sour cream 1/4 cup milk Salt and pepper

Method

- 1. Preheat oven to 375°F. Rub potatoes with 1 Tbsp. oil; pierce with a knife. Bake until tender, 1 hour and 30 minutes. Steam broccoli until tender, 5 minutes. Drain; rinse. Pat dry and roughly chop.
- 2. In a skillet over low heat, warm 1 Tbsp. oil. Sauté onion until soft, 10 minutes. Add garlic; cook 2 minutes. Remove from heat.
- 3. Let potatoes rest until cool enough to handle. Set oven to 350°F. Cut top 1/4 inch off potato. Scoop out flesh.
- 4. Mash potato flesh. Mix with remaining ingredients. Fill potato shells with mixture; bake 30 minutes.

Sponsors and supporters of Bute Produce include:









MOUNT STUART

